



**Don't
forget**

look after your **Ears!**

Noise induced hearing loss is one of the most common occupational health hazards. **Once you are deaf.. you stay deaf.**



**Prevention
is better
than cure:**

- If you have to shout to make your-self heard, noise levels are too high
- Wear hearing protection
- Take note of noise hazard warning signs
- Consider others around you

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constructing **better** health

IMPROVING WORKPLACE HEALTH

Free Confidential Advice

Call us TODAY 0845 873 7726