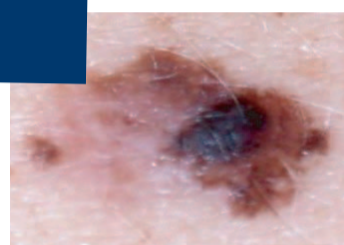




Don't forget

look after your **Skin!**

More people die from skin cancer in the UK than Australia.



A=ASYMMETRY

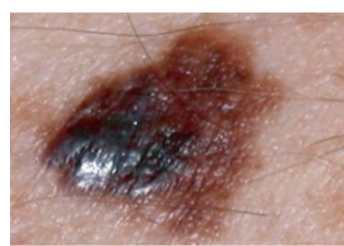
When half the mole does not match the other half



B=BORDER

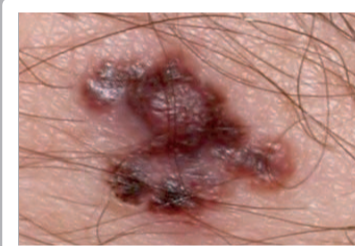
When the borders of the mole are irregular/ragged

REMEMBER THE ABCD OF MELANOMA



C=COLOUR

When the colour of the mole varies throughout



D=DIAMETER

If the diameter is larger than a pencils eraser-6mm

Prevention is better than cure:

- A mole changing shape
- A mole changing colour
- A mole becoming itchy or painful
- A mole bleeding or inflamed
- A mole getting bigger

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